

**YOUR MOUTH "TALKS"
TO YOUR BODY**

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THE FACTS ARE...

BACTERIA in your mouth can travel to other parts of your body **IN YOUR BLOODSTREAM.**

- AAOSH*

There is a causal relationship between certain **ORAL BACTERIAL PATHOGENS** and **ALZHEIMER'S DISEASE.**

- Mayo Clinic

Each millimeter of **BONE LOSS** due to chronic gum disease is associated with a more than **4 TIMES HIGHER RISK OF HEAD AND NECK CANCER.**

- Tezal, M. *Cancer Epidemiology, Bio Markers and Prevention*

CAVITIES are caused by bacteria that form a film called plaque and produce acids. These bacteria can spread and be transferred to others while **KISSING AND SHARING FOOD.**

- AAOSH*

People with **SEVERE GUM DISEASE** have an **INCREASED RISK** of heart attacks, strokes, lung disease and premature or low birth weight babies.

- Mayo Clinic

GUM DISEASE increases **PANCREATIC** and **KIDNEY CANCER** risk by 63%.

- Harvard

Research has found an association between **GUM DISEASE** and **RHEUMATOID ARTHRITIS.**

- American Academy of Oral and Systemic Disease

93% of people with **GUM DISEASE** are at risk for **DIABETES.**

- American Diabetes Association

DIABETES and **BLEEDING GUMS** increase your risk of premature death.

- AAOSH*

The CDC reports that 70.1% of **ADULTS 65 YEARS AND OLDER** have some form of **PERIODONTAL DISEASE.**

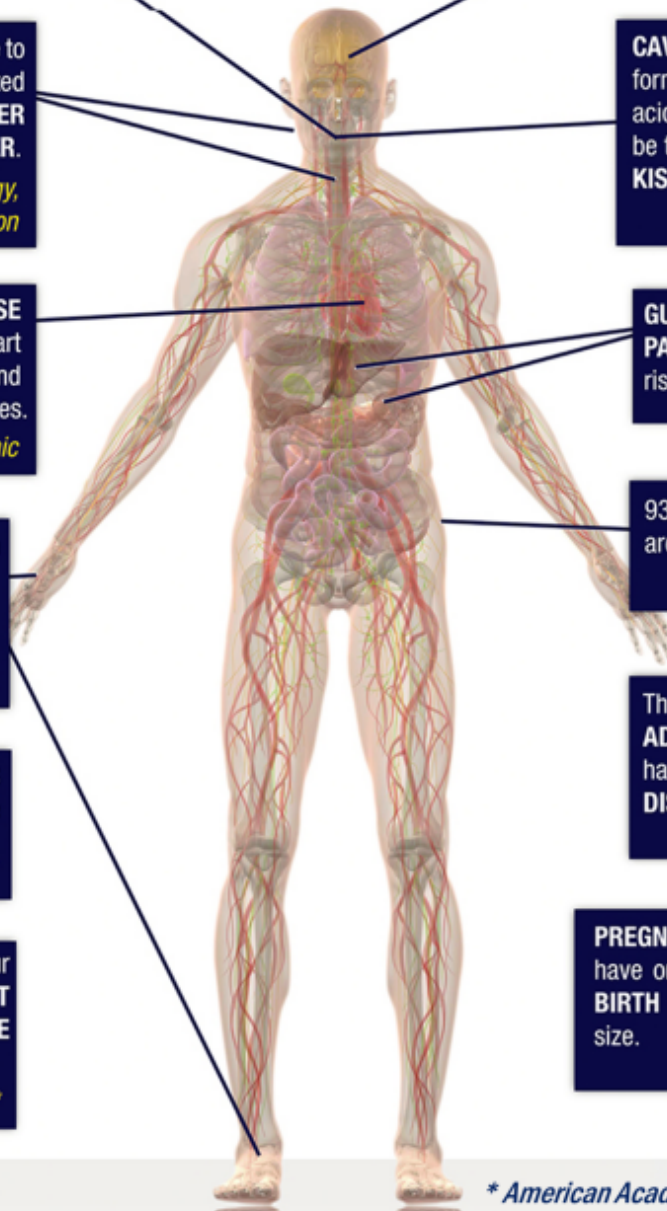
- CDC

Some **BACTERIA** that live in your mouth have been linked to **HEART DISEASE, HIGH BLOOD PRESSURE AND STROKE.**

- AAOSH*

PREGNANT women with **GUM DISEASE** have only a **1 IN 7 CHANCE OF GIVING BIRTH TO A HEALTHY CHILD** of normal size.

- AAOSH*



* American Academy of Oral and Systemic Health

